

Green Sprouts Family Childcare Policy Amendment Regarding COVID-19

Due to the current COVID-19 pandemic, Green Sprouts Family Childcare will be implementing some changes during daycare hours in order to take all necessary precautions to keep families as safe as possible. These preventative measures are an accumulation of guidelines and regulations set forth by State Health Officials and the CDC. I am in daily contact with The Department of Social Services and Community Care Licensing to stay informed on best practices and the continuing ways in which Green Sprouts is expected to implement new guidelines during this time. All policies will be effective immediately in effort to combat the spread of the virus amongst children and adults at daycare and ensure a clean and healthy environment.

1. Upon arriving at daycare all children and adults will need to wash hands at the sink outside with soap and water (20 seconds) before entering the daycare. Hand sanitizer is available as a second step if you wish but only AFTER proper hand washing.
2. Health checks will be performed at the front door prior to allowing your child entry to daycare. This will include a visual check for illness symptoms, questions to parents about your child's current state of health and a temperature check with an ear thermometer. If a child's temperature is 100.4 or above, or they exhibit any signs of illness, they will not be permitted to attend daycare until all symptoms have cleared. This may require a 14-day exclusion if the child has been in contact directly or indirectly with anyone who has been confirmed positive for COVID-19. Readmittance is up to my discretion. (Each temperature check will have a proper, disposable thermometer cover per child and will be immediately disinfected after each use. If this is a concern, you may bring a thermometer each day or provide one to be left at daycare for use on only your child.)
3. A mask must be worn by all adults entering the daycare. Children are not required to wear a face mask. During daycare hours, when I am within 6 feet of children, I will wear a mask.
4. Shoes are to be left outside the front door. Shoes have been shown to be a carrier of COVID-19 and will not be allowed inside.
 - Please bring an extra pair of shoes for your child to keep at daycare for backyard activities. This pair needs to stay at daycare and not be taken home. Any shoe style works, as long as it is closed toed. No flip flops please.
5. Please refrain from bringing any blankets, toys, stuffed animals or diaper bags to daycare to limit items being brought back and forth from home environments.
6. Parents will be required to fill out and sign a daily COVID-19 questionnaire form that will be kept in the child's file. These are questions pertaining to illness symptoms and possible exposure to the virus and they help me keep records for licensing and the health department in the event a positive case occurs. If you, your child or a family member residing in the home with your child has been exposed to the virus or begins showing signs of illness, exclusion of care is mandatory for a minimum of 14 days or until I permit your child to return to care. This decision is up to my discretion.

7. Enforcement of illness policy is always of vital importance. During this time, no exceptions will be made with regard to illness. Due to the nature of Corona Virus and its wide range of symptoms, I am not at liberty to discern what is “normal” and what is not. Therefore, any signs or symptoms of illness will result in exclusion from care. A doctor’s note may be required to return or I may require the child to be excluded for a 14-day period of time. This decision is up to my discretion.
8. Please bathe your child daily and bring them to daycare in a fresh set of clothes each day.
9. Frequent handwashing will be occurring during daycare hours. This includes children and myself!
10. Social distancing of six feet or more will be put into effect whenever possible. Activities, rest time and meal times will be set up to allow for this distancing but please be aware that children rarely are capable of fully avoiding other children or myself. I cannot guarantee six-foot distancing at all times during daycare hours.
11. Art work, projects, shared materials etc. will remain at daycare for display and will not be sent home at this time to lessen the number of items passing between home and daycare.
12. Bedding is provided by Green Sprouts and will be washed on a sanitation cycle daily instead of weekly. Please do not bring any bedding items from home.
13. Toys and shared surfaces will be disinfected properly multiple times per day during daycare hours. A thorough disinfecting will also occur after daycare hours each day. Each child will be given a set of dishes/cups to use and these items will be used only by that particular child. All dishes will be sanitized after each use and will be run through a sanitizing cycle in the dish washer each night. Until further notice, we will not be having “family style” meals. This will limit touching common items such as serving spoons, pitchers etc.
14. The majority of our day (weather permitted) is going to be outside in the open, fresh air to encourage social distancing and limit close proximity to one another.
15. **Communication of COVID-19 related information MUST be shared with me.** If at any time, one or more of the following questions is answered with a “yes,” then I may request a minimum of 14 days exclusion from care. I **must** to be informed if you, your child or another household member:
 - Have traveled by car, train, boat or plane either domestically (outside of San Diego) or internationally (outside the USA) within the last 14 days.
 - Have attended any gatherings of 100 people or more.
 - Have been come into close contact (within 6 feet) with someone who has a laboratory confirmed case of COVID-19 or anyone exhibiting possibly symptoms of the virus.
 - Have been asked to self-quarantine.

- Has any symptoms of COVID-19 including but not limited to fever of 100.4 or greater, respiratory symptoms such as a cough, sore throat or shortness of breath. Or any NEW cold-like symptoms such as headache, congestion or runny nose.

Please be aware that this a very fluid time and changes are being made frequently both by health officials and Community Care Licensing. As information and guidelines change, this list of practices may also change. I am doing everything in my power to follow proper protocol in order to keep your family, and my own as safe as possible. I ask in return that you try to practice health and safety measures at home as well. It is every parent's responsibility to inform me of illness, exposure, travel or any other pertinent information which affects the care I am providing to multiple families. Please try your best to always social distance while out in public, follow the CDC guidelines while in the community and please limit contact to the outside world were possible to cut down on the exposure. The more exposure my family and all enrolled families have, the more exposure we ALL have. We will all get through this difficult time together. I am confident in my ability to maintain a safe, healthy and clean environment for your child. I am doing everything possible to ensure I do my part and I only ask that you do the same for my family and I. This too shall pass and I am 100% confident we will all be just fine! Thank you so much for your understanding and full cooperation.

Parent Signature : _____

Date : ____/____/____